



WINTER YOGA & TRAPEZE

AB / DAL 16.01.2023

MONTAG / LUNEDÌ

ore 17 Uhr: Slow- & YinYoga

ore 18.30 Uhr: PowerTrapezeYoga

ore 19.45 Uhr: SlowTrapezeYoga

MITTWOCH / MERCOLEDÌ

ore 18 Uhr: PowerTrapezeYoga

ore 19.15 Uhr: PowerYoga

DONNERSTAG / GIOVEDÌ

ore 17 Uhr: SlowTrapezeYoga

ore 18.15 Uhr: Slow-& YinYoga



YOGA & TRAPEZE

IN THE WOODS

INFO: NORA +39 329 7391438