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Juli & August / luglio & agosto 2023  
vom / dal 03.07.

# Yoga & Trapeze

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## **MONTAG / LUNEDI**

17 Slow- & YinYoga  
18.30 PowerTrapezeYoga  
19.45 Slow- & YinYoga

## **MITTWOCH / MERCOLEDI**

07.30 MorningYoga  
19.15 PowerYoga

Info  
Nora +39 3297391438

## **DONNERSTAG / GIOVEDI**

17 SlowTrapezeYoga  
18.15 Slow- & YinYoga